

PAM Health Rehabilitation Hospital of Kyle

**Implementation Strategy for the 2024 CHNA
Hays County, Texas**



Ascension

The purpose of this Implementation Strategy (IS) is to describe how the hospital plans to address prioritized health needs from its current Community Health Needs Assessment (CHNA). The significant health needs the hospital does not intend to address are identified, and a rationale is provided. Special attention has been given to the needs of individuals and communities at increased risk for poor health outcomes or experiencing social factors that place them at risk.

PAM Health Rehabilitation Hospital of Kyle

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<https://pamhealth.com/hospitals/pam-health-rehabilitation-hospital-of-kyle/>

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The 2024 Community Health Needs Assessment report was approved by the Governing Board of PAM Health Rehabilitation Hospital of Kyle, L.L.C. on June 5, 2025, and applies to the following three-year cycle: July 1, 2025 to June 30, 2028. This report, as well as the previous report, can be found at our public website.

We value the community's voice and welcome feedback on this report. Please visit our public website (<https://healthcare.ascension.org/chna>) to submit your comments.

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Introduction

As one of the leading non-profit and Catholic health systems in the United States, Ascension is committed to delivering compassionate, personalized care to all, with special attention to impoverished and vulnerable persons.

About Ascension

Ascension is one of the nation's leading non-profit and Catholic health systems, with a Mission of delivering compassionate, personalized care to all with special attention to those most vulnerable. In FY2024, Ascension provided \$2.1 billion in care of persons living in poverty and other community benefit programs. Across 16 states and the District of Columbia, Ascension's network encompasses approximately 106,000 associates, 26,000 aligned providers, 105 wholly owned or consolidated hospitals, and 34 senior living facilities. Additionally, through strategic partnerships, Ascension holds an ownership interest in 26 other hospitals.

Ascension's Mission provides a strong framework and guidance for the work done to meet the needs of communities across the US. It is foundational to transform healthcare and express priorities when providing care and services, particularly to those most in need.

Mission: Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.

For more information about Ascension, visit <https://www.ascension.org/>.

Ascension Texas

Serving Texas for more than 120 years, Ascension Texas operates 12 hospitals and 222 sites of care, employing 16,000 associates across Central Texas. Ascension operates Ascension Providence in Waco and Ascension Seton, which includes Dell Children's Medical Center, the region's only comprehensive children's hospital and pediatric Level I trauma center, and Dell Seton Medical Center at The University of Texas, the region's only Level I trauma center for adults. Ascension Seton partners with Dell Medical School at The University of Texas at Austin and shares a common vision of transforming healthcare through a focus on quality and value. On average, Ascension Texas provides \$562 million annually in charity care and community benefit across Central Texas. Visit www.ascension.org and www.dellchildrens.net.

PAM Health Rehabilitation Hospital of Kyle

PAM Health Rehabilitation Hospital of Kyle is part of PAM Health's family of outpatient clinics and inpatient rehab hospitals specializing in long-term post-acute care and rehabilitation services. Built in a retreat setting with an abundance of natural light and open space, PAM Health Rehabilitation Hospital of Kyle has a beautiful environment to foster optimal healing.

PAM Health is dedicated to offering all-inclusive, specialized, and transdisciplinary medical care. The facility accepts patients with a variety of conditions including diabetes, brain injury, amputation, oncology, multiple sclerosis, stroke, spinal cord injury, and many others. The hospital strives to provide patients with the compassionate care they need to recover from illness or acute injury and enjoy long-term positive health outcomes.

Ascension Texas, an affiliate of Ascension Seton, is a minority interest member of PAM Rehabilitation Hospital of Kyle, L.L.C., which owns PAM Health Rehabilitation Hospital of Kyle. These organizations collaborated to prepare this Implementation Strategy Report. For more information about PAM Health Rehabilitation Hospital of Kyle, visit

<https://pamhealth.com/hospitals/pam-health-rehabilitation-hospital-of-kyle/>.

Overview of the Implementation Strategy

Needs Prioritization

Included in Code Section 501(r)(3) is the requirement that hospitals must provide a description of the process and criteria used to determine the most significant health needs of the community identified through the CHNA, along with a description of the process and criteria used to determine the prioritized needs to be addressed by the hospital. Accordingly, PAM Health Rehabilitation Hospital of Kyle used a phased prioritization approach to identify community health needs. The first step was to determine the broader set of identified needs. The CHNA assessment narrowed identified needs to a group of significant needs determined most crucial for community stakeholders to address.

After completing the CHNA assessment, significant needs were further narrowed down by the Ascension Seton CHNA Steering Committee to the prioritized needs which the network of Ascension Seton hospitals will address. To arrive at the prioritized needs, Ascension Seton leaders used rank-choice voting based on criteria including alignment with Ascension's mission and capacity to impact followed by group discussion and final discernment.

Following the completion of the current CHNA, Ascension Seton has selected the prioritized needs outlined below:

- Healthcare Access and Quality
- Mental and Behavioral Health
- Social Determinants of Health
- Maternal and Child Health

Needs That Will Be Addressed

Ascension Seton understands the importance of all the community's health needs. It is committed to playing an active role in improving the health of the people in the communities it serves. As a system, Ascension Seton will address all of the prioritized needs. However, individual hospitals, including some of our joint venture specialty hospitals, may not address all four needs. The needs prioritized by Ascension Seton that will be addressed by PAM Health Rehabilitation Hospital of Kyle are Access to Care and Social Determinants of Health.

Needs That Will Not Be Addressed

For this implementation strategy, PAM Health Rehabilitation Hospital of Kyle will not address Mental and Behavioral Health or Maternal and Child Health as these groups are not the primary populations served by the hospital.

Written Comments

This IS has been made available to the public and is open for public comment. Questions or comments about this Implementation Strategy can be submitted via the website:

<https://healthcare.ascension.org/chna>.

Approval and Adoption of the IS by PAM Health Rehabilitation Hospital of Kyle

To ensure PAM Health Rehabilitation Hospital of Kyle's efforts meet the needs of the community and have a lasting and meaningful impact, the 2024 Implementation Strategy was presented and adopted by the Governing Board of PAM Health Rehabilitation Hospital of Kyle on September 26th, 2025.

Although an authorized body of the hospital must adopt the IS to be compliant with the provisions of the Affordable Care Act, adoption of the IS also demonstrates that the board is aware of the IS, endorses the priorities identified, and supports the action plans that have been developed to address prioritized needs.

Action Plans

The IS below is based on prioritized needs from the hospital's most recent CHNA. These strategies and action plans represent where the hospital will focus its community efforts over the next three years.

Prioritized Need: Healthcare Access and Quality
Background Access to quality healthcare is critical for addressing health needs that are acute, chronic or preventive. PAM Health Rehabilitation Hospital of Kyle will address Healthcare Access and Quality by focusing on health literacy to promote health and prevent disease, improving access to clinical services and reducing financial barriers to healthcare and pharmaceuticals.
Collaborators - PAM Health Rehabilitation Hospital of Kyle leadership. - To support healthcare access and quality, PAM Health Rehabilitation Hospital of Kyle will collaborate with community partners and organizations for external, community-facing initiatives.

STRATEGY 1: Offer hospital and community-based health education to improve health literacy and prevent disease	
Anticipated Impact Increased community knowledge/awareness of factors that affect health	
Resources - Associate time to schedule and host programs - Educational materials (creating, finding, printing) - Space and supplies for meeting rooms	
ACTION STEPS	ROLE/OWNER
Hold free monthly support groups with guest speakers focused on health education	PAM Health Rehabilitation Hospital of Kyle leadership
Create local social media announcements to advertise dates/times/location of support groups	PAM Health Rehabilitation Hospital of Kyle leadership
Provide clean and accessible space and support for health education and support groups	PAM Health Rehabilitation Hospital of Kyle leadership

Prioritized Need: Social Determinants of Health
Background Social determinants of health (SDOH), sometimes referred to as nonmedical drivers of health, are the conditions in the environment where people are born, live, learn, work, play, worship and age that affect a wide range of health outcomes. They are grouped into five categories: economic stability, education access and quality, health care access and quality, neighborhood and built environment, and social and community context. SDOH can affect health outcomes in varied ways. Some SDOH include the ability to meet immediate needs and engage in health maintenance behaviors such as access to job opportunities that pay a living wage, access to healthy food and safe spaces to exercise. Other SDOH can affect longer-term and even generational health outcomes such as educational attainment, socioeconomic factors, and localized environmental pollution.

Collaborators

- PAM Health Rehabilitation Hospital of Kyle leadership

STRATEGY 1:

Support improved health outcomes that are caused or influenced by non-medical factors in the community

Anticipated Impact

Reduce poor health outcomes that are associated with non-clinical social factors

Resources

- Associate time to schedule and transport patients
- Wheelchair accessible van

ACTION STEPS
ROLE/OWNER

Provide transportation services for patients unable to attend outpatient services

PAM Health Rehabilitation Hospital of Kyle

Provide information of transportation to referring providers and patients as needed

PAM Health Rehabilitation Hospital of Kyle leadership, Case Management

Evaluation

PAM Health Rehabilitation Hospital of Kyle will develop a comprehensive measurement and evaluation process for the implementation strategy. The hospital will monitor and evaluate the action plans outlined in this plan for the purpose of reporting and documenting the impact these action plans have on the community.