



**FY 2020 – 2022  
Community Health  
Implementation Strategy**

**PAM Rehabilitation Hospital of Round Rock**

## PAM Rehabilitation Hospital of Round Rock Implementation Strategy

### Implementation Strategy Narrative

#### Overview

Ascension Seton, formerly known as Seton Family of Hospitals, a 501(c)(3) nonprofit organization, and an affiliate of Ascension Texas and Ascension Health, is a minority owner of PAM Rehabilitation Hospital of Round Rock, which opened in December of 2018. These organizations collaborated to prepare this joint Implementation Strategy. For the purpose of this report, “Ascension Texas” refers to both Ascension Texas and Ascension Seton. Ascension Texas has a long-standing history of serving Central Texas, not only as a health care provider, but as a leader and advocate for improving the health of the population as a whole.

#### *Ascension’s Mission*

*Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.*

Ascension Texas extends its mission to provide the best care possible by partnering with Post Acute Medical at PAM Rehabilitation Hospital of Round Rock to help deliver outstanding healthcare in the communities we serve. PAM Rehabilitation Hospital of Round Rock provides comprehensive, individualized treatment including physical therapy, occupational therapy, speech therapy, and behavioral medicine to return each patient to his or her highest possible functional status.

Ascension Texas has developed 17 Community Health Implementation Strategies, one for each of its hospitals and joint venture facilities. Each plan identifies the action the hospital, with the support of the Ascension Texas network, plans to take to address the prioritized needs identified in the Community Health Needs Assessment (CHNA) of its region.

The various actions included in the Implementation Strategy are not intended to be exhaustive or inclusive of every single Ascension Texas strategy, initiative or program. Instead, the plan highlights the most significant actions that each hospital has undertaken to address the health needs prioritized in the CHNA, including those strategies that are expected to make the most significant impact on the delivery of health care in the region for the poor and vulnerable.

This Implementation Strategy will address needs identified in the [2019 Williamson County CHNA](#). PAM Rehabilitation Hospital of Round Rock is in Williamson County. The needs identified include:

- behavioral health, stress and well-being
- chronic disease risk factors
- access and affordability of healthcare
- building a resilient Williamson County
- social determinants of health

### **Needs That Will Be Addressed**

This Implementation Strategy will address chronic disease risk factors and access and affordability of healthcare.

### **Needs That Will Not Be Addressed**

PAM Rehabilitation Hospital of Round Rock will not address behavioral health, stress and wellbeing, building a resilient Williamson County and social determinants of health in this implementation strategy. Behavioral health, stress and well-being and building a resilient Williamson County will be addressed by Ascension Seton Williamson, which is also in Williamson County.

While social determinants of health will not be addressed in this Implementation Strategy, over the next three years PAM Rehabilitation Hospital of Round Rock will partner with Ascension Seton Williamson and other community organizations to better understand and help to address social determinants of health for the Williamson County community.

### **Summary of Implementation Strategy**

#### **Need: Chronic disease risk factors**

**Strategy:** Provide stroke support group for stroke survivors.

- PAM Rehabilitation Hospital of Round Rock is planning to implement a stroke support group that will be open to the community.
- Support groups provide education and support for physical and emotional challenges after experiencing a stroke.

#### **Resources and Collaboration:**

- PAM Rehabilitation Hospital of Round Rock will provide the space, staff, and educational materials for the support group.
- PAM Rehabilitation Hospital of Round Rock will promote this support group among local healthcare facilities so that all individuals in the community with a history of stroke are aware of this group.

#### **Anticipated Impact:**

- Engage 15 people in the stroke support group monthly to improve their quality of life after a stroke.
- Offer 10 stroke support groups per year starting in calendar year 2020.

#### **Need: Access and affordability of healthcare**

**Strategy:** Provide facility space for professional organizations to support workforce development for rehabilitation services.

- PAM Rehabilitation Hospital of Round Rock provides meeting space for professional meetings.
- This strategy addresses workforce development for health professionals, for which there is a need in Texas.
- Examples of organizations who use meetings space at PAM Rehabilitation Hospital of Round Rock are Williamson County Health Resources and Texas Nursing Association.

**Resources and Collaboration:**

- PAM Rehabilitation Hospital of Round Rock donates the use of their space and equipment for professional development purposes.
- PAM Rehabilitation Hospital of Round Rock works with Texas Nurses Association and other groups to schedule professional gatherings.

**Anticipated Impact:**

- PAM Rehabilitation Hospital of Round Rock will host 8 professional association meetings annually.

## Prioritized Need #1: Chronic disease risk factors

**GOAL:** Improve the quality of life of individuals with a history of stroke

### Action Plan

<b>STRATEGY:</b> Provide monthly stroke support group for stroke survivors.
<p><b>BACKGROUND INFORMATION:</b></p> <ul style="list-style-type: none"> <li>• PAM Rehabilitation Hospital of Round Rock is planning to implement a stroke support group that will be open to the community.</li> <li>• Support groups provide education and support for physical and emotional challenges after experiencing a stroke.</li> </ul>
<p><b>RESOURCES:</b></p> <ul style="list-style-type: none"> <li>• PAM Rehabilitation Hospital of Round Rock will provide the space, staff, and educational materials for the support group.</li> </ul>
<p><b>COLLABORATION:</b></p> <ul style="list-style-type: none"> <li>• PAM Rehabilitation Hospital of Round Rock will promote this support group among local healthcare facilities so that all individuals in the community with a history of stroke are aware of this group.</li> </ul>
<p><b>ACTIONS:</b></p> <ol style="list-style-type: none"> <li>1. Plan activities and produce educational materials for stroke support group.</li> <li>2. Host stroke support group.</li> </ol>
<p><b>ANTICIPATED IMPACT:</b></p> <ol style="list-style-type: none"> <li>I. Engage 15 people in the stroke support group monthly to improve their quality of life after a stroke.</li> <li>II. Offer 10 stroke support groups per year starting in calendar year 2020.</li> </ol>

### Alignment with Local, State & National Priorities

OBJECTIVE:	LOCAL / COMMUNITY PLAN:	STATE PLAN:	HEALTHY PEOPLE 2020:
I and II	Williamson County 2017-2019 CHIP: Provide increased access to active living resources and wellness opportunities to Williamson County residents.	Department of State Health Services Strategic Plan: Goal 1: Improve health through prevention and population-health strategies.	Healthy People 2020 HRQOL/WB-1 Increase the proportion of adults who self-report good or better health.

## Prioritized Need #2: Access and affordability of healthcare

**GOAL:** Increase access to care through workforce development in the community.

<p><b>STRATEGY:</b> Provide facility space for professional organizations to support workforce development for rehabilitation services.</p>
<p><b>BACKGROUND INFORMATION:</b></p> <ul style="list-style-type: none"> <li>• PAM Rehabilitation Hospital of Round Rock provides meeting space for professional meetings.</li> <li>• This strategy addresses workforce development for health professionals, for which there is a need in Texas.</li> <li>• Examples of organizations who use meetings space at PAM Rehabilitation Hospital of Round Rock are Williamson County Health Resources and Texas Nursing Association.</li> </ul>
<p><b>RESOURCES:</b></p> <ul style="list-style-type: none"> <li>• PAM Rehabilitation Hospital of Round Rock donates the use of their space and equipment for professional development purposes.</li> </ul>
<p><b>COLLABORATION:</b></p> <ul style="list-style-type: none"> <li>• PAM Rehabilitation Hospital of Round Rock works with Texas Nurses Association and other groups to schedule professional gatherings.</li> </ul>
<p><b>ACTIONS:</b></p> <ol style="list-style-type: none"> <li>1. PAM Rehabilitation Hospital of Round Rock will continue to work with professional organizations to schedule meeting room space.</li> </ol>
<p><b>ANTICIPATED IMPACT:</b></p> <ol style="list-style-type: none"> <li>I. PAM Rehabilitation Hospital of Round Rock will host 8 professional association meetings annually.</li> </ol>

### Alignment with Local, State & National Priorities

OBJECTIVE:	LOCAL / COMMUNITY PLAN:	STATE PLAN:	HEALTHY PEOPLE 2020:
I	Williamson County 2017-2019 CHIP: Provide a continuously improving system of access to quality healthcare for the community.	Department of State Health Services Strategic Plan: Goal 1: Improve health through prevention and population-health strategies.	Healthy People 2020 AHS-6 Reduce the of proportion of persons who are unable to obtain or delay in obtaining necessary medical care.