

CELEBRATE SUCCESS

QUALITY OUTCOMES EVERY DAY



PAM HEALTH
REHABILITATION HOSPITAL
OF FARGO

WE ARE PLEASED TO SHARE THE FOLLOWING PATIENT SUCCESS STORY.

Brian Ellersick

Reason for Admission: Guillain-Barre syndrome (GBS)

Length of Stay: 55 Days

Discharge Location: Home with outpatient therapy



Brian is an active 37-year-old husband and father of two girls. He was working full-time at Bismarck State College when he began experiencing sudden numbness and tingling in his feet and hands. He went to local hospital emergency room on 3/15/23 when symptoms progressed and he was unable to walk. He was diagnosed with Guillain-Barre syndrome, affecting his entire body.

Following a 2.5 week hospital stay, Mr. Ellersick arrived at PAM Health Rehabilitation Hospital of Fargo to participate in physical, occupational, and speech therapies six days a week. Brian was unable to complete any self-care activities independently, including eating and grooming. He needed help with all bed mobility and could only transfer with a mechanical lift. Brian quickly gained mobility independence using a power wheelchair, which he would use to get around the hospital and socialize during his stay! He participated in extensive therapy using the Ekso exoskeleton bionic device, Bioness Vector gait training system, and eSWALLOW device for facial stimulation. Brian was up for any challenge that helped him get stronger and closer to returning home. He is now walking with a walker and using a custom manual wheelchair for longer distances.

Brian was able to return home to his wife and kids after 71 days away. He was very appreciative of all the staff at PAM Health. He stated: "I will miss all the staff and am thankful I am where I am today because of them. I am ready to return home and to get back to a fully active lifestyle with my family!"



Goals Achieved:

- 1. Independent with self-care activities**
- 2. Walking with a walker**
- 3. Took 1,431 steps in the Ekso device with resistance during a single therapy session**