

# **FY 2020 - 2022 Community Health Implementation Strategy**

**Warm Springs Rehabilitation Hospital of  
Kyle**

Prepared by Ascension Texas in collaboration with Warm Springs Rehabilitation Hospital of Kyle. Formally adopted by the Warm Springs Rehabilitation Hospital of Kyle Board of Directors on October 31, 2019.

## Warm Springs Rehabilitation Hospital of Kyle Implementation Strategy

### Implementation Strategy Narrative

#### Overview

Ascension Texas, formerly known as Seton Healthcare Family, a 501(c)(3) nonprofit organization, and an affiliate of Ascension Seton and Ascension Health, is a minority owner of Warm Springs Rehabilitation Hospital of Kyle. These organizations collaborated to prepare this joint Implementation Strategy. For the purpose of this Implementation Strategy, “Ascension Texas” refers to both Ascension Texas and Ascension Seton. Ascension Texas has a long-standing history of serving Central Texas, not only as a health care provider, but as a leader and advocate for improving the health of the population as a whole.

#### *Ascension’s Mission*

*Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable. Our Catholic health ministry is dedicated to spiritually-centered, holistic care which sustains and improves the health of individuals and communities. We are advocates for a compassionate and just society through our actions and our words.*

Ascension Texas extends its mission to provide the best care possible by partnering with Warm Springs Rehabilitation Hospital of Kyle, a Post-Acute Medical facility, to help deliver outstanding healthcare in the communities we serve. Warm Springs Rehabilitation Hospital of Kyle is a licensed 40 bed rehabilitation hospital with inpatient and outpatient programs. The facility provides comprehensive, individualized treatment including physical therapy, occupational therapy, speech therapy, respiratory therapy, and specialty physicians and nurses to return each patient to his or her highest possible functional status.

Ascension Texas has developed 17 Community Health Implementation Strategies, one for each of its hospitals and joint venture facilities. Each plan identifies the action the hospital, with the support of the Ascension Texas network, plans to take to address the prioritized needs identified in the Community Health Needs Assessment (CHNA) of its region.

The various actions included in the Implementation Strategy are not intended to be exhaustive or inclusive of every single Ascension Texas strategy, initiative or program. Instead, the plan highlights the most significant actions that each hospital has undertaken to address the health needs prioritized in the CHNA, including those strategies that are expected to make the most significant impact on the delivery of health care in the region for the poor and vulnerable.

This Implementation Strategy addresses the health care needs identified by the [2019 Hays County CHNA](#). Warm Springs Rehabilitation Hospital of Kyle is in Hays County.

#### Needs That Will Be Addressed

The needs identified in the 2019 Hays County CHNA were access to care and mental health. Warm Springs Rehabilitation Hospital of Kyle will address access to care in this implementation strategy.

## Needs That Will Not Be Addressed

Warm Springs Rehabilitation Hospital of Kyle will not address mental health at this time. Ascension Seton Hays, a hospital serving the same region, will be addressing this need in this implementation cycle.

## Summary of Implementation Strategy

### Need: Access to Care

**Strategy:** Provide monthly stroke support group for stroke survivors.

- The stroke support group hosted by Warm Springs Rehabilitation Hospital of Kyle is open to the community and is the only stroke support group in Hays County.
- Support groups provide education and support for physical and emotional challenges after experiencing a stroke.

### Resources and Collaboration:

- Warm Springs Rehabilitation Hospital of Kyle provides the space, staff, and educational materials for the support group.
- Warm Springs Rehabilitation Hospital of Kyle will continue to promote this support group among local healthcare facilities so that all individuals in the community with a history of stroke are aware of this group.

### Anticipated Impact:

- Engage 15 people in the stroke support group monthly to improve their quality of life after a stroke.

**Strategy:** Provide facility space for nursing and therapy students and for professional organizations to support workforce development for rehabilitation services.

- Warm Springs Rehabilitation Hospital of Kyle provides clinical facilities for professional development of nursing and therapy students through partnerships with various schools including Austin Community College, Concordia University, and St. Augustine University.
- Warm Springs Rehabilitation Hospital of Kyle provides meeting space for the Austin Area Physical Therapy Association quarterly meetings.
- This strategy addresses workforce development for health professionals, for which there is a need in Texas.

### Resources and Collaboration:

- Warm Springs Rehabilitation Hospital of Kyle donates the use of meeting rooms for professional association meetings.
- Warm Springs Rehabilitation Hospital of Kyle works with Austin Community College, Concordia University, St. Augustine University, and the Austin Area Physical Therapy Association to provide facilities and equipment for educational opportunities and professional gatherings.

### Anticipated Impact:

- Warm Springs Rehabilitation Hospital of Kyle will host 15 rotations of clinical learners annually which may include nursing and therapy disciplines.
- Warm Springs Rehabilitation Hospital of Kyle will host 4 professional association meetings annually.

## Prioritized Need #1: Access to Care

**GOAL:** Increase access to care through support groups and workforce development in the community.

### Action Plan

<p><b>STRATEGY 1:</b> Provide monthly stroke support group for stroke survivors.</p>
<p><b>BACKGROUND INFORMATION:</b></p> <ul style="list-style-type: none"> <li>• The stroke support group hosted by Warm Springs Rehabilitation Hospital of Kyle is open to the community and is the only stroke support group in Hays County.</li> <li>• Support groups provide education and support for physical and emotional challenges after experiencing a stroke.</li> </ul>
<p><b>RESOURCES:</b></p> <ul style="list-style-type: none"> <li>• Warm Springs Rehabilitation Hospital of Kyle provides the space, staff, and educational materials for the support group.</li> </ul>
<p><b>COLLABORATION:</b></p> <ul style="list-style-type: none"> <li>• Warm Springs Rehabilitation Hospital of Kyle will continue to promote this support group among local healthcare facilities so that all individuals in the community with a history of stroke are aware of this group.</li> </ul>
<p><b>ACTIONS:</b></p> <ol style="list-style-type: none"> <li>1. Plan activities and produce educational materials for stroke support group.</li> <li>2. Host monthly stroke support group.</li> </ol>
<p><b>ANTICIPATED IMPACT:</b></p> <ol style="list-style-type: none"> <li>1. Engage 15 people in the stroke support group monthly to improve their quality of life after a stroke.</li> </ol>

<p><b>STRATEGY 2:</b> Provide facility space for nursing and therapy students and for professional organizations to support workforce development for rehabilitation services.</p>
<p><b>BACKGROUND INFORMATION:</b></p> <ul style="list-style-type: none"> <li>• Warm Springs Rehabilitation Hospital of Kyle provides clinical facilities for professional development of nursing and therapy students through partnerships with various schools including Austin Community College, Concordia University, and St. Augustine University.</li> <li>• Warm Springs Rehabilitation Hospital of Kyle provides meeting space for the Austin Area Physical Therapy Association quarterly meetings.</li> <li>• This strategy addresses workforce development for health professionals, for which there is a need in Texas.</li> </ul>
<p><b>RESOURCES:</b></p> <ul style="list-style-type: none"> <li>• Warm Springs Rehabilitation Hospital of Kyle donates the use of meeting rooms for professional association meetings.</li> </ul>
<p><b>COLLABORATION:</b></p> <ul style="list-style-type: none"> <li>• Warm Springs Rehabilitation Hospital of Kyle works with Austin Community College, Concordia University, St. Augustine University, and the Austin Area Physical Therapy Association to provide facilities and equipment for educational opportunities and professional gatherings.</li> </ul>
<p><b>ACTIONS:</b></p> <ol style="list-style-type: none"> <li>1. Warm Springs Rehabilitation Hospital of Kyle will continue to work with schools to schedule clinical learning opportunities at their facility.</li> <li>2. Warm Springs Rehabilitation Hospital of Kyle will continue to work with professional organizations to schedule meeting room space.</li> </ol>
<p><b>ANTICIPATED IMPACT:</b></p> <ol style="list-style-type: none"> <li>I. Warm Springs Rehabilitation Hospital of Kyle will host 15 rotations of clinical learners annually which may include nursing and therapy disciplines.</li> <li>II. Warm Springs Rehabilitation Hospital of Kyle will host 4 professional association meetings annually.</li> </ol>

**Alignment with State & National Priorities**

<b>OBJECTIVE:</b>	<b>STATE PLAN:</b>	<b>HEALTHY PEOPLE 2020:</b>
<p>Strategy 1: I and Strategy 2: I and II</p>	<p>Department of State Health Services Strategic Plan: Goal 1: Improve health through prevention and population-health strategies.</p>	<p>Healthy People 2020 AHS-6 Reduce the number of proportion of person who are unable to obtain or delay in obtaining necessary medical care.</p>