

CELEBRATE SUCCESS

QUALITY OUTCOMES EVERY DAY



WE ARE PLEASED TO SHARE THE FOLLOWING PATIENT SUCCESS STORY.

Cynthia “Cindy” Garwood

Reason for Admission: Post-stroke recovery

Length of Stay: About three weeks inpatient plus outpatient

Discharge Location: Home with caregiver and outpatient therapy



PAM HEALTH
REHABILITATION HOSPITAL
OF WESTMINSTER

Cynthia “Cindy” Garwood was living independently in her townhome and working remotely as a financial auditor. On September 18, she returned home from after visiting a friend. She woke up later that evening with left-side deficits. She then went to the hospital where she was diagnosed as having had a stroke. After a short hospital stay, Cindy transferred to PAM Health Rehabilitation Hospital of Westminster for inpatient therapy. She chose our location because although she lives in North Denver, she knew she wanted to get the high level of care and therapy that we specialize in providing.

When she first arrived at PAM Health, Cindy was very concerned about her functioning on her left side of her body because she is left-handed. She was also having issues with her vision on the left side. Throughout her PAM rehab stay, Cindy had many highs and a few lows. Overall, she noted, “When I realized that I could go home with my friend Adam and stay with him during my recovery, I knew it would be a long road but I also knew I was going to be okay.”

Cindy’s inpatient stay lasted from September 26 through October 15, when she returned home with her caregiver and friend Adam and 11 dogs, which have been an active part of her ongoing recovery. She also has decided to continue her outpatient speech, occupational, and physical therapy with us. As a newer hospital in the Denver area, we began offering outpatient therapy in addition to inpatient therapy in September. Cindy has two large goals -- resuming driving and returning to work as a financial auditor, a job that requires attention to detail and speaking on the phone.



Cindy stated that every associate at PAM Health played a pivotal role in her recovery. She expressed special thanks to Dr. Rosaci, the nursing team, and Eric Rutsky for encouraging her to return to PAM Health for outpatient care. She also noted that Eric and Marianne Gilbert from the therapy team have encouraged her to keep striving for the end prize of living independently again.

In addition to Adam, Cindy’s mom Wendy has also been an active participant in her therapy sessions, never missing one! As her biggest cheerleaders, Wendy and Adam have been extremely complimentary of the entire PAM Health team, stating, “Cindy going to PAM is the biggest reason she is doing so well.” Being able to celebrate how far she has come has been her “Best Christmas present possible!”