

CELEBRATE SUCCESS

QUALITY OUTCOMES EVERY DAY



WE ARE PLEASED TO SHARE THE FOLLOWING PATIENT SUCCESS STORY.

Bryan Gruwell

Reason for Admission: Critical Illness Myopathy/COVID-19

Length of Stay: Three weeks

Discharge Location: Home



PAM HEALTH
REHABILITATION HOSPITAL
OF EL PASO

Bryan Gruwell's recovery from COVID-19 has been quite a journey -- including stays in seven hospitals before arriving at PAM Health Rehabilitation Hospital of El Paso in January 2022. Initially diagnosed with COVID-19 in November of 2021, he was eventually intubated and had a tracheostomy. After stays in several other hospitals, he was transferred in late December to The Hospitals of Providence Sierra Campus for bleeding around his trach. Once Bryan began making progress in his mobility, his care team highly recommended inpatient rehabilitation services.

When Bryan first arrived at PAM Health, he was severely deconditioned because of his lengthy hospital stay. He was unable to walk and needed help with all of his activities of daily living except eating.

Within three weeks, he had progressed to being able to do much more for himself with minimal assistance and support. He could even walk using a walker and some assistance for 240 feet.

When he stood up and took his first step again, Bryan said it was an incredible feeling: "It shot through my legs like lightening, and I took off walking!"

Bryan said he appreciated his physical therapist Corinna Salinas and rehab tech Louie Garcia the most. "They were phenomenal and we will recommend this place to anyone," he said. He also had high praise for nurses TJ and Monica and our environmental services team member, Liz. He and his wife said the staff members were all very attentive and they would take Liz home if they could.



"We will recommend this place to anyone!"

-- Bryan Gruwell

We are happy to see Bryan returning home to continue his recovery. As he stated, "I can do all things through Christ who gives me strength."